

## TEACHER'S GUIDE

Linde Faas

### Come with Me

(Lemniscaat)

*A sick boy lies in bed staring at the ceiling of a grey, dull room. Then, in comes a girl with a large stack of paper, colouring pencils and a balloon. It's time to bring some colour into the boy's life. The girl gets to work straight away and it's not long before the boy and girl find themselves in a happy world far away from here. They see the most beautiful birds, fly over snowy mountaintops and see lots of penguins. They float through the jungle and have adventures with all kinds of fish in the sea. With the power of imagination, you can take anyone into another world. Come with us!  
Blow up a blue balloon, hold on tight, and... here we go!*



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### A bird paradise

Soon enough, we are floating among thousands and thousands of birds. They have the most beautiful colours. Provide (bits of) cloth, ribbons and garlands in merry colours and let the children dress up in bright colours. They turn into merry birds and fly away with the birds from the book.

### Late at night

It's gotten dark. The world is asleep. We drift off under the twinkling stars.

Draw lots of stars on yellow paper and cut them out.

Lay the stars down and do counting activities with them, such as:

- How many stars are there?
- How many stars will there be if one goes away?
- How many stars will there be if one is added?
- Divide the stars into two groups. How many stars are there in each group? Which group has more, which group has fewer?

Pick the stars out of the sky. Take the colour die and let the children roll it in turns. Whoever rolls a yellow gets to pick a star. Continue until all the stars are gone and it's daytime again.

**Tip!** Use glow-in-the-dark stars. Let them soak up light for a bit and then turn off the lights. Do the activity above with the glowing stars.

### Over snowy mountaintops

High up on a mountain, we see an ibex. He's standing there all alone.

Draw a high and a low mountain on a sheet of paper. Provide a picture or figure of an ibex.

Practice with the concepts of "high" and "low" by giving the children instructions like "place the ibex on the high mountain" or "put the ibex on a low mountain". Place the ibex somewhere yourself

and ask whether he is high or low.

Let the ibex climb on the furniture in your home or in the classroom. Ask the children whether he is high or low. Can he go even higher? Can he go even lower?

### **Among the penguins**

Wow! Hundreds of penguins are walking across the ice in long queues.

Stand in a line together and waddle like a penguin.

Now get a ball or balloon and hold it between your legs by squeezing your legs together. It's a penguin's egg. Keep waddling. Can you do it without losing the egg?

### **On a desert island**

The penguins lead the way as we slowly drift towards a desert island. Look in the book *Come with me* to see the desert island.

What kind of things might you see there? Get a pair of binoculars or make one by gluing two toilet roll tubes together. Look around the house or classroom with the binoculars. What do you see?

Draw two circles on a sheet of white paper. This represents the binoculars. The children draw the things they see through the binoculars inside the circles.

### **In the jungle**

Look at the illustration and use it as a discussion aid. The boy and girl are floating through the jungle. They have never seen such beautiful trees, plants and animals before. Let the children tell you what the boy and girl see in the jungle. Then look at the drawings that the girl has made. Can the children find these animals in the jungle?

Finally, describe something that can be found in the picture and let the children guess what it is.

### **My own jungle**

There is so much to see in the jungle. Prepare a shoebox for each child. The children turn their shoeboxes into jungles. They cut tropical plants and trees out of green and brown paper and glue them into the box. They create a river out of blue paper and let it flow along the bottom of the box. They look for pictures of tropical animals in magazines, cut them out and give them a place in the jungle.

The jungle is further decorated with twigs, pebbles and sand that are glued in place. Cut holes in the lid and cover them with transparent paper if you like, and create a viewing hole through which the jungle can be admired.

### **Jungle animals**

Look at the illustration to see what animals you can find. Go outside and imitate the animals.

Sloth: hang upside down from a branch or chin-up bar. How long can you keep it up?

Bird: hop along a balance beam or a line and make sure you don't fall off.

Frog: hop like a frog from tile to tile or from hoop to hoop.

Butterfly: flap around. Appoint two children to try and catch the butterflies. These two children link hands to create a "trap". They try to catch the butterflies in this trap.

Snake: wriggle your way past or through an obstacle like a snake, e.g. through a playhouse or tunnel or under a table.

### **Frogs on a lily pad**

Look for frogs in the picture. Can you find them?

Place a few mats around the room. Make sure they are slightly apart (not too far). The mats are lily pads in the jungle. Choose some children to be frogs. They each sit on a lily pad. The other children stand on one side of the room. At your signal, they walk to the other side. The frogs try to tag the

children. They are not allowed to leave the pads, but they may jump from pad to pad and stretch out their “legs” as far as they can go. Tagged children become frogs and choose a pad.

### **Drifting off**

Like the girl and boy, drift off into dreams in this beautiful jungle. Look at the picture together and fantasise about what the girl and boy might see. Let the children finish a sentence, for example:

- The frogs are very quiet, because...
- In the water, the heron sees...
- The toucan sings...
- The sloth in the tree...
- Under the water...
- What nobody knows...

### **The jungle sounds game**

Look at the animals in the picture. Choose a number of animals, such as the frog, the bird and the snake. Choose one child, who must look away for a moment. The other children choose an animal and hide. Pretend that the room is the jungle. The jungle is full of animals, but you can’t see them. The child who looked away now stands in the middle of the jungle. He or she calls out the name of an animal, for example the snake. All children who are a snake make a hissing noise. The child goes to look for the snakes. After that, they move on to the next animal. They continue until all the animals in the jungle have been found.

### **With the octopus**

There’s an octopus in the sea, and he’s really nice! We carefully land on one of his arms. Find the page with the octopus in *Come with me*. Prepare eight caps or buttons. Ask the children a question and let them come up with eight answers. For each correct answer, you place a cap or button on one of the octopus’s arms. Continue until all arms are covered. Then remove the caps or buttons and ask a new question.

#### **Suggestions:**

- What does the octopus see in the sea?
- The octopus is purple. What other colours can you think of?
- Which animals swim in the sea?
- What can you do before you go to sleep?
- What can you use to float on the water?
- What can you see on a desert island?

### **Drifting on the sea**

Hooray! Our bed is like a waterbed! We are drifting around on the sea.

Look at the picture in *Come with me* in which the girl and boy are drifting around on the sea. The water around them is full of drawings of fish. Draw a fish on a sheet of sturdy paper and colour it in. Then draw the exact same fish on a different sheet and colour it in the same way. Do this a number of times, making sure that you create pairs of fish.

**Tip:** Children often enjoy copying each other precisely. Let one child draw and colour a fish while another child copies them exactly. The children then switch roles. Place all the fish on a surface, face down. Now look for pairs by taking turns to turn over two drawings.

### **A refreshing swim**

A fish takes us into the world below the surface. Quick, put on your diving masks so we can admire the pretty fish!

Look at the underwater world in *Come with me*. Make a beautiful fish by drawing it on a big sheet of paper, or by printing out a colouring picture and filling it with brightly coloured and/or patterned paper, such as scrap book paper, gift wrapping paper, wallpaper or pictures from magazines.

Lesson suggestions written by Anke van Boxmeer and Els van Dijk